

## The Connection Between Poverty and Good Health

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The three first goals of the sustainable developments goals are no poverty, zero hunger, good health and well-being. In our paper we aim to connect those three and present multidimensional picture of the poor population and their health hobbies. Poverty is usually measurement in financial aspects like income and consumption; we offer alternative multidimensional poverty definition which combines the aspect of health to understand the economic insecurity of the poor people. Economic insecurity is attracting growing attention in social, academic, and policy circles. We will demonstrate in our paper the effect of economic insecurity on people health and well-being. This is, for our opinion is one of the important developments in multidimensional poverty measures. Mostly due to COVID-19 effects on our lives.

In our paper we will analyze the poor health habits by tracking their food consumption and by measuring their participation in sport activities. We will also try to point out the influence of the health habits among the poor upon all the society in issues like the state health policy, the distribution of social money and in kind transfers and the taxation system. When changes have been implemented they will impact welfare policies associated with alternative poverty measures in the future.

In order to show this advanced analyze, we used the household expenditure and income survey. We created a new classification for food products by dividing the food items to their components (protein, fats and sugar). To estimate the sport activity we used findings from the social survey and also the expenses in those items from the household expenditure survey.